

MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOM - FEST
	RUMBA ★★★ 7:30 A 9:00 A.M.	YOGA ★★★ 7:00 A 8:00 A.M.	RUMBA ★★★ 7.00 A 8:30 A.M.	ESTIRAMIENTO ★★★★★★ 8:00 A 9:00 A.M.	
	YOGA ★★★ 9:00 A 10:30 A.M.	RUMBA ★★★ 9:00 A 10:00 A.M.	YOGA ★★★ 9:00 A 10:30 A.M.	STRONG ★★★ 9:00 A 10:00 A.M.	YOGA ★★★ 9:00 A 10:30 A.M.
SPINNING ★★★★ 10:00 A 11:00 A.M. 5:00 A 6:00 P.M.	TRX ★★★★★ 9:30 a 10:30 A.M. 10:30 a 11:30 A.M. 5:00 A 6:00 P.M.	SPINNING ★★★★ 10:00 A 11:00 A.M.		RUMBA ★★★ 10:00 a 11:30 A.M.	SPINNING ★★★★ 9:30 A 10:30 A.M. 10:30 A 11:30 A.M.
		RUMBA ★★★ 6:00 A 7:00 P.M.	TRX ★★★★★ 9:30 A 10:30 A.M. 10:30 A 11:30 A.M.	SPINNING ★★★★ 9:30 A 10:30 A.M. 10:30 A 11:30 A.M.	TRX ★★★★★ 10:30 A 11:30 A.M. 11:30 A.M. A 12:30 P.M.
				TRX 9:30 A 10:30 A.M. 10:30 A 11:30 A.M. 11:30 A.M. A 12:30 P.M.	RUMBA ★★★ 11:00 A.M. A 12:30 P.M.
				KICK BOXING ★★★★★ 11:00 A.M. A 12:00 M.	